



TERM 5 TIMETABLE

DOWNSTAIRS STUDIO - MORNINGTON

Monday 28th August to Sunday 22nd October 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					9am BEG STATIC POLE Course Emma	
					10AM INTER STATIC POLE Course Emma	
3-6.30pm PRACTICE TIME \$10	3-6.30pm PRACTICE TIME \$10	3-6.30pm PRACTICE TIME \$10	3-6.30pm PRACTICE TIME \$10	3-6.30pm PRACTICE TIME \$10		
6.30PM ADV 3 STATIC POLE Course Emma	6.30PM ADV 3 SPIN POLE Course Maddy	6.30PM ADV 2 SPIN POLE Course Maddy	6.30PM INTER STATIC POLE Course Allira			
7.30PM INT STATIC POLE Course Sarsha	7.30PM ADV 2 STATIC POLE Course Allira	7.30PM ELITE POLE Course Maddy	7.30PM ADV 1 SPIN Course Emma			
8.30PM ADV 1 STATIC Course Emma	8.30PM ADV 1 STATIC POLE Course Allira	8.30PM INTER STATIC POLE Course Emma				

UPSTAIRS STUDIO - MORNINGTON

Monday 28th August to Sunday 22nd October 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					9-12.30pm PRACTICE TIME \$10	
3-6.30pm PRACTICE TIME \$10	3-6.30pm PRACTICE TIME \$10	3-6.30pm PRACTICE TIME \$10	3-6.30pm PRACTICE TIME \$10	3-6.30pm PRACTICE TIME \$10		
6.30PM BEG SPIN POLE Course Sarsha	6.30PM STRETCH TECHNIQUE Casual Allira	6.30PM POLE MOVES Casual Emma	6.30PM BEG STATIC POLE Course Emma			
7.30PM BEG STATIC POLE Course Emma	7.30PM POLE POWER Casual Maddy	7.30PM BEG STATIC POLE Course Emma	7.30PM STRETCH TECHNIQUE Casual Allira			
8.30PM BEG STATIC POLE Course Sarsha	8.30PM BEG STATIC POLE Course Maddy	8.30PM INTER SPIN POLE Course Maddy	8.30PM BEG STATIC POLE Course Emma			



TERM 5 TIMETABLE

AERIAL STUDIO - MORNINGTON
Monday 28th August to Sunday 22nd October 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				10.00AM STRETCH TECHNIQUE Casual Mel	9-12.30pm PRACTICE TIME \$10	
				11.00AM BEG HOOP Course Mel		
3-6.30pm PRACTICE TIME \$10	3-6.30pm PRACTICE TIME \$10	3-6.30pm PRACTICE TIME \$10	3-6.30pm PRACTICE TIME \$10	3-6.30pm PRACTICE TIME \$10		
6.30pm AERIAL POWER Casual Lauren	6.30PM INT 1 HOOP Course Mel	6.30PM BEG HOOP Course Davina				
7.30PM ADV 3 HOOP Course Lauren	7.30PM BEG HOOP Course Mel	7.30PM INT 2 HOOP Course Davina	7.30PM ADV 2 HOOP Course Lauren			
8.30PM ADV 1 HOOP Course Lauren	8.30PM HOOPSATIONS Casual Mel	8.30pm INT 1 HOOP Course Davina	8.30PM INT 3 HOOP Course Lauren			

PRICES

- ♥ SINGLE 8 WEEK COURSE: \$240
- ♥ EXTRA 8 WEEK COURSE: \$190
- ♥ POLE/AERIAL GOALS PACKAGE: \$450
2 courses and unlimited Practice Time
- ♥ CASUAL CLASSES: \$30
- ♥ INTRO SPECIAL: \$50
5 casual classes within 2 weeks
- ♥ WORKSHOPS:
1.5hr: \$45

WORKSHOPS

- ♥ BOOTAY
Saturday 29TH July 11am-12.30pm with Maddy
- ♥ INVERSION THERAPY
Friday 4TH August 6.30-8PM with Emma

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